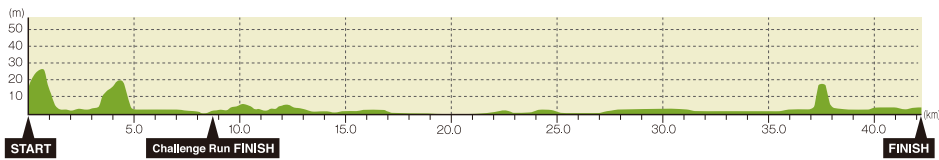


# OSAKA MARATHON COURSE MAP



COURSE ALTITUDE CHART



## OSAKA MARATHON ENTRY CENTER

E-mail : [support@osaka-marathon.com](mailto:support@osaka-marathon.com)

URL [http://www.osaka-marathon.com/index\\_en.html](http://www.osaka-marathon.com/index_en.html)

Check the tourist information in Osaka at <http://www.osaka-info.jp/en/>

Making a rainbow together.  
The Osaka Marathon is a charity marathon.



# OSAKA MARATHON

# JAPAN

The marathon is held every year on the last Sunday of October!



# Experience the city of Osaka and the fun of a marathon at the same time!

## Enjoy the fervent fun cheers of the Osaka Marathon!

Not having a blast!? Then it isn't an Osaka marathon! Osaka--the locale for this marathon--is a city brimming with humorous and friendly folk. Over one million residents of Osaka emphatically cheer on the runners from the sidelines, with enjoyable message boards and unique costumes that have become Osaka's special attractions! Come experience the fun and excitement for yourself!

## Plenty of mouth-watering cuisine!

Osaka is a city well-known for its cuisine and making one literally 'eat yourself bankrupt.' At the 32.5km point sits the 'Maido Aid' station, which passes out Osaka Marathon specialty meals. This station is packed with homemade meals made with care by people from the local food vendors. There's 'Takoyaki,' an Osaka specialty, as well as rice balls and bean jam buns. Each is a mega hit with the runners every year!

## The Osaka Marathon starts at Osaka Castle Park!

One of the largest metropolitan citizen marathons in Japan--the Osaka Marathon--consists of 30,000 runners. It begins at Osaka Castle Park, and ends at Intex Osaka. The course runs through many famous spots, such as Mido-suji Boulevard with its rows of ginkgo trees, Osaka City Center Public Hall, Kyocera Dome Osaka, and the Tsutenkaku Tower. The marathon is also beginner-friendly, and renowned for its high rate of completion.

## It's all for charity!

The event's slogan is 'Making a rainbow together,' and like the colors of the rainbow are 7 charity themes such as 'To support your hopes to live,' and 'For the sake of children's bright future.' Runners can choose one of these themes to support and funds raised are contributed to that charity. Along the course are 'Seven colored cheering stations' that collect charity money and distribute charity merchandise. These stations make it easy for everyone to support the cause.

## Osaka Marathon Overview

8:55am - Wheelchair Marathon Start

9:00am - Marathon and Challenge Run Start

[Organizers] Osaka Prefectural Government, City of Osaka, Osaka Association of All Athletics (OAAA)

[Events] Marathon (Elite runners, General runners and Wheelchair race), Challenge Run (8.8km)

[Total Runners] Marathon: 28,000, Challenge Run: 2,000

[Time Limits] Marathon: 7 hours, Challenge Run: 1 hour 50 minutes

[Course] START: Osaka Castle Park (Front) → FINISH: Intex Osaka (Front)

Major Checkpoints: Mido-suji Blvd, Dotonbori Bridge, Nakanoshima, Osaka City Center Public Hall, Kyocera Dome Osaka, Namba Station, Tsutenkaku Tower Area, South Port Area, and more!

TOKYO •

★ **OSAKA**

