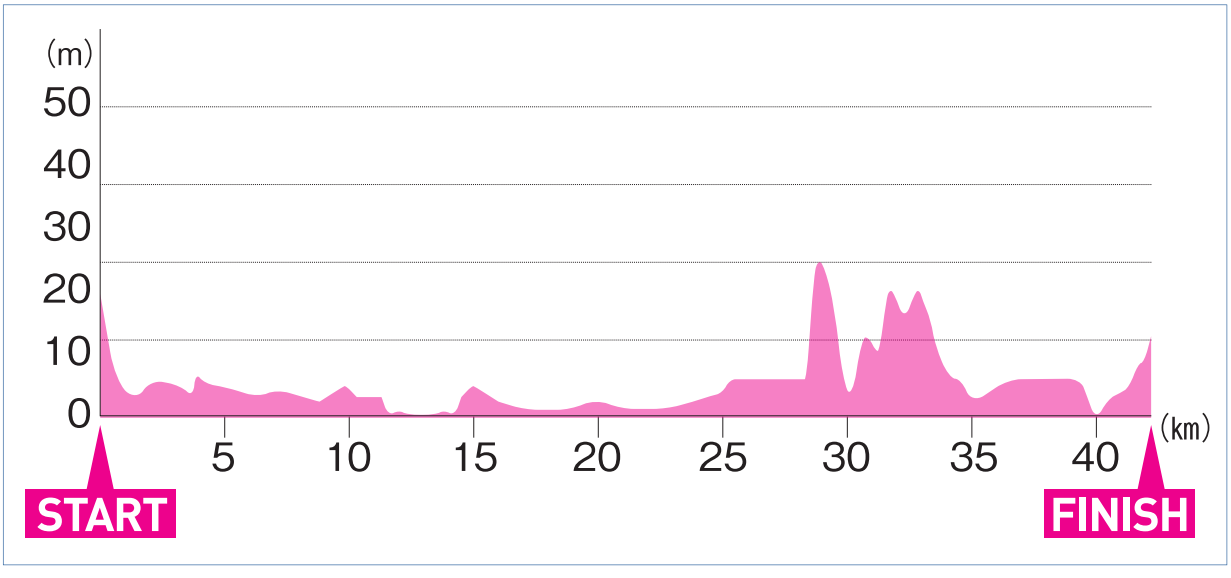
New!
Course Map / Elevation Profile
Osaka Sta.
Osaka City Hall
Osaka City Central Public Hall
Central Public Hall
Minamimorimachi
Higashinodamachi
Japan Mint
Tenjinbashi-kitazume
Katamachi
Shiginohigashi-2
Oebashi-kitazume
Yodoyabashi
Kitahama-1
Tenjinbashi
Keihan higashiguchi
Otemae
Shiromi-1W.
Osaka Castle Park
FINISH
Osaka Castle Park
START
Osaka Prefectural Government
Osaka Pref. Govt.S.
Midoribashi
Mido-suji
Mido-suji
Hakurakubashi-nishizume
Kujo 1
National Bunraku Theatre
Saiwaicho-1
Namba
Shitaderamachi
Sennichimae-dori
Imazato
Imazato-suji
Taishobashi
Ichiokamotomachi 3
Tanimachi-9
Shimoajihara
Inari
Shiokusa 2
Gakuenzaka
Gojogu-mae
Kyocera Dome Osaka
Koenkitaguchi
Katsuyama-4
Kitakawahori
Oikebashi
Nakabiraki
Tennoji Park
Tennoji Sta.
Naniwa-suji
ABENO HARUKASU
Shitennoji Temple
Kishinosato
5 km
10 km
15 km
20 km
25 km
30 km
35 km
40 km
FIGHT
Go!

コース高低図


(m)
50
40
30
20
10
0
5
10
15
20
25
30
35
40
(km)
START
FINISH